

# STUDIO DENTAIRE



**(514)739-6665**

**READ CAREFULLY :**

**IF YOU ARE IN DOUBT AT ANY TIME, PLEASE CONTACT THIS OFFICE. POST-OPERATIVE CARE IS IMPORTANT FOLLOWING ORAL SURGERY. RECOVERY MAY BE DELAYED IF THIS IS NEGLECTED.**

**The day of surgery : NO SPITTING**

1. Keep gauze in place for 2 hours with biting pressure.
2. Repeat this if more than slight bleeding persists.
3. Do not lie flat. Keep head elevated and sleep with 2 or 3 pillows.
4. Apply an ice bag to the area for 20 min. on and 20 min. off.
5. Do not eat for 4 hours following surgery.
6. Avoid hot fluids.
7. Do not rinse mouth or brush teeth.
8. Apply vaseline to lips if sore.
9. TAKE IT EASY.

**The following days :**

1. Brush gently after meals.
2. Add ½ teaspoon of salt to a glass of warm water and use as mouthwash to "bathe" the surgical area 4 times daily.
3. Maintain good nutrition. If you cannot chew - then drink.

**TAKE PRESCRIBED MEDICATION AS DIRECTED**

**The following can be expected to occur normally in proportion to the type of surgery involved.**

- SWELLING:** Should be the greatest the second or third day after surgery and then slowly recede.
- DISCOLORATION :** Black, blue or yellow areas may develop. These are bruises resulting of bleeding into the tissues and are of little significance.
- BLEEDING:** Very slight oozing of blood may occur for several days.
- DISCOMFORT IN OPENING:** Difficulty opening the mouth wide may occur. This should return to normal within a week.
- DIARRHEA:** **If taking antibiotics : Please report all incidences of diarrhea, soft stool or bloody stool to this office as soon as possible.**